

Cov Kev Xaiv Ntawm  
Txoj Kev Pab Them Nqi Kho Mob Medi-Cal  
Rau Cov Tib Neeg Muaj Cov Kev Tsis Taus thiab Cov Neeg Laus  
**Nyob Hauv Cheeb Nroog Sacramento**

Daim ntawv hauv no yuav pab koj txiav txim seb hom kev pab them nqi kho  
mob ntawm Medi-Cal twg thiaj haum rau koj.

Yog koj nyob hauv Cheeb Nroog Sacramento thiab  
koj yog ib tug neeg muaj ib txoj kev tsis taus los yog koj yog ib tug neeg laus,  
koj xaiv tau hom Kev Pab Them Nqi Kho Mob Medi-Cal (Regular Medi-Cal),  
hom Kev Pab Them Nqi Kho Mob Anthem Blue Cross, hom Kev Pab Them Nqi Kho Mob Health Net,  
los yog hom Kev Pab Them Nqi Kho Mob Molina Hauv California (Molina Healthcare of California)\*.

Anthem Blue Cross, Health Net thiab Molina Healthcare of California puav leej yog  
Medi-Cal Cov Tswv Yim Pab Them Nqi Kho Mob (Medi-Cal Health Plans).

Yog koj koom nrog ib hom ntawm Cov Tswv Yim no, koj yeej tseem tau Medi-Cal.

Xav kawm kom paub ntxiv txog Cov Tswv Yim Pab Them Nqi Kho Mob  
hauv koj lub cheeb nroog, hu rau

**Anthem Blue Cross: 1-800-227-3238**

**Health Net: 1-800-675-6110**

**Molina Healthcare of California: 1-888-665-4621**

Xav kawm kom paub ntxiv, hu rau

**Health Care Options: 1-800-430-2022**

**Kev Pab Them Nqi Kho Mob Medi-Cal (Regular Medi-Cal):**

Tsis muaj tu xov tooj hu tau rau.

**Thov xyuas sab hauv kom tau cov xov tooj zoo hu tau dua.**



# Koj Cov Kev Xaiv Ntawm Txoj Kev Pab Them Nqi Kho Mob Medi-Cal nyob rau hauv Cheeb Nroog Sacramento:

- Siv daim ntawv no sib piv koj Cov Kev Xaiv Ntawm Txoj Kev Pab Them Nqi Kho Mob Medi-Cal.
- Yog koj xav koom nrog Anthem Blue Cross, Health Net, los yog Kev Pab Them Nqi Kho Mob Molina Hauv Califor **Health Care Options** ntawm **1-800-430-2022** thiab thov kom muab pab ntawv rau npe. Koj jpuav leej rau npe
- Yog koj xav nyob twj ywm nrog txoj Kev Pab Them Nqi Kho Mob Medi-Cal, koj tsis tag ua dab tsi li.

	Medi-Cal Cov Tswv Yim	
	Anthem Blue Cross 1-800-227-3238 <a href="http://www.anthem.com/ca">www.anthem.com/ca</a>	Health Net 1-800-675-6110 <a href="http://www.healthn">www.healthn</a>
<b>Cov Kev Pab Cuam Tseem Ceeb</b>		
Cov Kev Pab Them Nqi Kho Mob Tseem Ceeb hauv Medi-Cal	Tib yam	Tib yam
Neeg Xyuas Mob Pab Tswv Yim 24-Hour	Muaj	Muaj
Cov Sij Hawm Qhib Pab Qhua	Mon–Fri 7 teev sawv ntxov –5 teev tsaus ntuj	Qhib 7 hnub ib lim piam, 24 teev ib hnub twg
Cov Kev Pab Txhais Lus	Muaj	Muaj
Xav Tau Daim Ntawv Teev Qhia Cov Tshuaj Pom Zoo Siv	1-800-700-2541	1-800-675-6110
<b>Cov Nqi Koj Raug Them</b>		
Cov Nqi Mus Cuag Kws Kho Mob	\$0	\$0
Cov Nqi Tshuaj	\$0	\$0

## Cov Xov Tooj Hu Tau

### Denti-Cal (Kev pab them nqi kho hniav Denti-Cal)

Rau cov ncauj lus qhia txog cov hom kev kho hniav uas Medi-Cal kam them pab rau cov tib neeg tsis tau nto 21 xyoo

### Area 4 Agency on Aging (Cheeb Tsam 4 Lub Koom Haum Pab Txog Kev Laus Zus)

Rau cov ncauj lus thiab cov kev pab xa mus cuag ntau yam kev pab rau cov tib neeg muaj cov kev tsis taus thiab cov n

### Sacramento County Department of Health (Cheeb Nroog Sacramento Tuam Tsev Txhawb Kev Noj Qab Haus Huv)

Rau cov ncauj lus txog cov kev pab rau txoj kev puas siab puas ntsws

### Alcohol and Drug Programs (Cov Kev Pab Rau Dej Cawv thiab Tshuaj Yeeb)

Rau kev pab txog cov teeb meem quav dej cawv thiab tshuaj yeeb

rnia\* hu rau  
tau hauv xov tooj.

Pab Them Nqi Kho Mob		Regular Medi-Cal (Tsis muaj xov tooj) <a href="http://www.medi-cal.ca.gov">www.medi-cal.ca.gov</a>	Xyuas nplooj ntawv:
et.com	Kev Pab Them Nqi Kho Mob Molina Hauv California 1-800-665-4621 <a href="http://www.molinahealthcare.com">www.molinahealthcare.com</a>		
	Tib yam	Tib yam	p. 6
	Muaj	Tsis muaj	p. 12
	Mon–Fri 7 teev sawv ntxov –7 teev tsaus ntuj	Tsis muaj	p. 33
	Muaj	Hu rau koj tus kws kho mob los yog lub chaw kho mob.	p. 28
	1-800-665-4621	Nug koj tus kws kho mob los yog kws muab tshuaj.	p. 14
	\$0	\$0	p. 8
	\$0	\$0–\$1	p. 8

Qee cov tib neeg uas muaj txoj kev pab them nqi kho mob Medi-Cal puav leej muaj Lub Tswv Yim Them Nqi Kho Mob Kaiser Medi-Cal (Kaiser Medi-Cal Health Plan). Nyob rau hauv Cheeb Nroog Sacramento, tsuas yog qee cov tib neeg thiaj li muaj Kaiser xwb. Cov neeg no yog cov uas Kaiser twb tau pab them nqi kho mob rau yav dhau los los yog cov uas yeej muaj tib neeg hauv nws lub tsev neeg rau npe koom nrog Kaiser lawm.

1-800-322-6384

1-800-510-2020

1-888-881-4881

1-800-879-2772

## **Cov tuam tsev kho mob uas koj mus cuag kho kab mob kev nkeeg yog teev rau nram no.**

Feem ntau koj yeej yuav tau mus cuag cov tuam tsev kho mob uas koj tus kws kho mob ua hauj lwm nrog.  
Xav paub cov tuam tsev kho mob uas koj mus cuag pab rau cov kev puas siab puas ntsws, hu rau 1-888-881-4881.

### **Anthem Blue Cross**

- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Methodist Hospital of Sacramento
- Sutter Hospitals–Davis, General, Memorial, and Roseville
- UC Davis Medical Center

### **Health Net**

- Marshall Medical Center
- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Methodist Hospital of Sacramento
- Sutter Hospital–Roseville

### **Kev Pab Them Nqi Kho Mob Molina Hauv California\***

- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Methodist Hospital of Sacramento

### **Kev Pab Them Nqi Kho Mob Medi-Cal (Regular Medi-Cal)**

- Heritage Oaks Hospital
- Kindred Hospital
- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Methodist Hospital
- Richmond Medical Center
- Sierra Vista Hospital
- Sutter Hospitals–General, Memorial, and Sacramento Sierra
- UC Davis Medical Center